

## Comfort Kits

In most schools, the parents of each student are responsible for providing the contents of a comfort kit for their child. The kits are labelled and placed in the classroom kit containers. The following items should be stored in a medium-sized zip-lock bag:

- foil emergency blanket
- granola or fruit bars (3 or 4)
- family photo
- personal comfort item (for example, small toy)
- letter of comfort from parent
- poncho (for rain protection)
- gum
- Band-Aids (2 or 3)

**Note:** Staff members should also make themselves a comfort kit.

On the first day back to school each year, staff members should receive a reminder to return the individual comfort kits to students in their class. Send the kits home to parents of returning students along with a letter requesting help in updating their child's kit. Parents of new students should receive an empty kit and a different letter requesting help in completing their child's kit. A sample reminder to staff, letter to parents of returning students, and letter to parents of returning students are included in Appendix 2-A.

*See the sample letter to parents in Appendix 2-A.*

*See the sample reminder to staff and letters to parents in Appendix 2-A.*

