



# Nootka Sound Outdoor Program 2016-2017

## Activity Selection and Registration

Name: \_\_\_\_\_ Grade \_\_\_\_\_













Earn up to 8 credits in each grade year. In order of preference choose up to 10 activities.

Parents and students please sign and date registration form.

Return before September 20th and receive the 2016 mystery NSOP SWAG

Parent Information Session - Thursday September 15<sup>th</sup>, 6:30 pm at GRSS. All NSOP students and parents welcome.  
Students new to NSOP are encouraged to attend with at least one parent or guardian.

Dates	Activity	Location	Max Student	Credit	Description	Difficulty Rating	# in order of Preference
September 17/18	Hiking - Lakes and Mountains	Mount Albert Edward, Crest Mountain, or Landslide lake?	10	1	2 days and 1 overnight	◆	
September 23-24	NSOP Orientation	Hornby Island - Tribune Bay	24	1	One overnight in cabins.	●	
September 14th	Snorkeling with Salmon	Gold River Pump House or behind school	10	1	After School Activity 3:30-5:00	■	
October 15.	Horseback Riding	Bear Creek Ranch	16	1	1 day, no overnight	■	
November TBD	Introduction to Scuba Diving	Gold River	12	1	1 day, no overnight	●	
November	Pleasure Craft Operating Certificate (PCOC)	Gold River	Open	1	Certification acquired. No overnight. <u>Independent study.</u>	●	
November TBD	Hunting	Gold River	4	1	No-Overnight	■	
December 2-4	Downhill Skiing/Snowboarding and Winter Activities	Whistler	20	1	2 indoor overnights	■	
January 13-15	Downhill/Snowboard and Winter activities	Mount Cain	20	1	2 indoor overnights	■	
February 24-25	Avalanche Training Ski/Snowboard	Mt. Washington	20	1	2 indoor overnights	■	
March 10-11	Winter Camping - Snowshoe and Ski/Snowboard	Mt. Washington	12	1	1 night winter camping in tents or snow caves. Chalet available if conditions are not suitable for outdoor camping	◆	

April TBD	Big Yacht Sailing	Pacific Ocean	16	1	1 day, no overnight		
April: Date TBD	Food safe	Gold River	Open	1	1 day, no overnight		
April 21-23	ALL GIRLS WEEKEND <b>Boys need not apply</b>	Girls' choose	20	1	Girls to plan their own Adventure! 3 days, 2 nights.		
April/May	Fly-fishing	Lodge at Gold River	8	1	1 day, no overnight		
May 5-7	Coastal Hiking	Remote Coast	10	2	2 or 3 outdoor overnights - wilderness camping.		
May 19-22	Sea Kayaking - Discovery Islands	West Coast	12	2	3 outdoor overnights - wilderness camping		
June 2-4	Surfing	Tofino	20	1	3 days and 2 outdoor overnights camping		
June	NSOP Grade 12 GRAD Trip	Somewhere in BC	Grad class	1	Up to 2 nights and 3 days	?	
All Year	One of Bronze medallion/Cross/NLS	Gold River or Tahsis	10	1	Certification acquired. No overnight. <b>Self Directed.</b> Student apply for funding		
All Year - variable schedule	Youth Outdoor Counselor	Gold River	10	1 – 4	Students to assist Mr. Parkes w/ Junior and RWES school trips.		
All Year - variable schedule	NSOP Personalized Program	Gold River	Open	4	Personalize your NSOP Program. Bring Ideas to Mr. Parkes	?	
All Year - variable schedule	NSOP I'm not sure yet!	Various locations	Open	upto 8	Depending on trip availability sign up at a later date.	?	
<b>Legend: Level of Physical Exertion</b>		<b>Easy</b> 		<b>Moderately Challenging</b> 			

Student Name: \_\_\_\_\_ Student Signature: \_\_\_\_\_ has registered in the **Nootka Sound Outdoor Program**.

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_, Date: \_\_\_\_\_

### Final Student Schedule will be Distributed in Early October

**“Magic is believing in yourself, if you can do that, you can make anything happen”** Johann Wolfgang von Goethe, 1749