



# Nootka Sound Outdoor Program

2019-2020 Trip Overview

Proposed Date(s)	Activity	Location	Max # of Students	Description	Difficulty Rating
Saturday September 7th	<b>International Student Yuquot (Friendly Cove) Visit</b>	Nootka Sound, Yuquot (Friendly Cove)	16	1 day, no overnight	
September 11th, 18th or 19th	<b>Stand-up Paddle Boarding</b>	Star Lake/Antler Lake	12	1 day, no overnight	
September 18th, 19th, 23rd, 25th, 26th or 30th	<b>Snorkeling with Salmon</b>	Conuma River	10	1 day, no overnight	
Friday September 20th to Sunday September 22nd	<b>Surfing</b>	Tofino	20	3 days, 2 nights (camping)	
Saturday September 28th to Sunday September 29th	<b>NSOP Orientation</b>	Hornby Island - Tribune Bay	22	2 days, 1 overnight (cabins)	
Friday October 4th to Sunday October 6th	<b>Interior Hiking</b>	Bedwell Lake, Cream Lake or Landslide Lake	10	2-3 days, 1-2 night(s) (camping)	
Wednesday October 9th to Thursday October 10th	<b>French Exchange Student Camp Experience</b>	Camp Homewood, Quadra Island	22	2 days, 1 overnight (cabins)	
Saturday October 26th	<b>Horseback Riding</b>	Bear Creek Ranch, Black Creek	16	1 day, no overnight	
Friday November 1st to Sunday November 3rd	<b>Girls Trip</b>	Gulf Islands	TBD	3 days, 2 nights (cabins)	
Sunday November 17th	<b>Introduction to Scuba Diving</b>	Gold River	12	1 day, no overnight	
Wednesday November 27th (to Friday November 29th)	<b>International Student Vancouver Trip</b>	Vancouver	15	TBD	
Friday December 13th to Sunday December 15th	<b>Downhill Skiing/Snowboarding and XC Skiing</b>	Mt. Washington	20	3 days, 2 nights (cabins)	
Friday January 17th to Sunday January 19th	<b>Downhill Skiing/Snowboarding and Biathlon</b>	Mt. Washington	20	3 days, 2 nights (cabins)	
Friday January 31st to Sunday February 2nd	<b>Downhill Skiing/Snowboard and Avalanche Training</b>	Mt. Washington	20	3 days, 2 nights (cabins)	
Friday February 28th to Sunday March 1st	<b>Downhill Skiing/Snowboard and Winter Activities</b>	Mount Cain	20	3 days, 2 nights (cabins)	
Sunday April 5th	<b>Sailing</b>	Comox Harbour	12	1 day, no overnight	
Friday April 24th to Sunday April 26th	<b>Sea Kayaking</b>	Discovery Islands, Quadra Island	12	3 days, 2 nights (camping)	
Saturday, May 2nd	<b>Caving</b>	Upana Caves	10	1 day, no overnight	
Friday May 8th to Sunday May 10th	<b>Coastal Hiking</b>	Nootka Trail, Nootka Island	10	3 days, 2 nights (camping)	
Friday May 22nd to Sunday May 24th	<b>Canoeing</b>	Sayward Lakes Canoe Route	12	3 days, 2 nights (camping)	
Saturday May 30th to Sunday May 31st	<b>Bicycle Touring</b>	Gulf Islands	12	2 days, 1 overnight (camping)	
Friday June 5th to Sunday June 7th	<b>Surfing</b>	Tofino	20	3 days, 2 nights (camping)	
Saturday June 13th	<b>Outdoor Rock Climbing</b>	Crest Creek Crags, Strathcona Provincial Park	12	1 day, no overnight	
Wednesday June 17th to Friday June 19th	<b>Canoeing</b>	Main Lakes Provincial Park, Quadra Island	12	3 days, 2 nights (camping)	
TBD	<b>NSOP Personalized Program (Tell us your ideas!)</b>	TBD	TBD	?	?

Easy



Moderate



Challenging



*\*Please note that all of the trips above are dependent on weather, facility availability, etc. and are subject to date/location changes or cancellations.*